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Plenty to be thankful for this year

When I am preparing to write my weekly column, I run the last few weeks over in my mind looking for some type of pattern or theme.

Usually, I can figure out what to write about based on recurring topics brought up by others, myself or in the media.

I often eavesdrop on conversations, especially when I hear the words boss, work, resumé, job or anything related to employment.

For the past few weeks I have stated to several people that "I would not trade my life for anyone else's on this planet."

Now, I am not super rich, incredibly attractive, or extraordinarily intelligent, but I sure am happy with my life, overall.

Perhaps I started saying this



Sharlene Massie
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because the people around me have been complaining a lot lately and always seem to want more.

I think it's important for people to strive for more or better, but I do believe in being thankful for what you do have.

I recently travelled to the U.S. for a conference and I love it there.

I love the people, the weather, the shopping and the cheaper prices, but I would not trade being Canadian with anyone from

any country. We have fresh air, beautiful mountains, clean water and an abundance of other natural resources to go around.

We have our freedoms, an established health-care system and we are a friendly nation.

We have tons of good jobs with low unemployment rates and we have a society of mostly middle-class working people with a small population of poor and even smaller population of rich.

If you have a stable job, be thankful. If you are healthy, be thankful.

If you have people who support you in your life choices, be thankful. If you have people in your life that you can trust, and who trust you, be thankful. If you are able to travel and explore the world, be thankful.

If you qualify for the statutory holiday, be thankful. If you are able to be around family and friends for Thanksgiving, be thankful. If you are able to put good food on your table today, be thankful.

My husband says to be thankful you are not a turkey today!

I hope I give my readers some-

thing positive to contemplate this Thanksgiving weekend.

Take a moment to be thankful today and count your blessings for the life you get to choose to live.

Life is not perfect and every day is different, but, as I have said many times in recent weeks, "I would not trade my life for anyone else's on this planet," and I will celebrate that for Thanksgiving today and every day.

Sharlene Massie is the CEO of About Staffing Ltd., a dynamic personnel agency specializing in direct-hire and temporary placements. Questions for Sharlene? Visit the About Staffing website at www.aboutstaffing.com, and click on the link under the Sun logo. This article may be reproduced or transmitted if done so in its entirety, including this copyright line: Copyright 2011, by About Staffing Ltd., all rights reserved.



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