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It pays to have a p

We are just about halfway through 2012, and it is time to prioritize our workload, man-age our finances and budgets,

and plan our family time off.

I have noticed more people seem to be feeling overwhelmed right now for many

Perhaps, people in general are looking at the goals they had hoped to accomplish this year and are finding halfway into the year their goals may need to be readjusted.

Perhaps, it is vacation plan-

ning time and there seems to be too much to do at work to be able to take the time off

expected.

Maybe the extra once-ayear bills came in, like property taxes, or insurance bills, or maintenance bills that unex-pectedly arrived in the mail.

Every year, it seems that June Every year, it seems that June is a heavy bill month, added to the stress of booking a summer holiday can leave people in a state of panic or breakdown depending on personality

types.
Mothers and fathers have different expectations of each other for the summer, while they manage kids' schedules and costs.

Students who have waited to find a job until they were finished school at the end of May or end of June may find the competition is now fierce, probably until Stampede, when more jobs open up for ten days

in July.

The word of the week is pri-

oritize.
We should perhaps look at a variety of June priorities lists.

We should create a list of stresses and figure out which items can be dealt with quickly and which items need a long term plan to organize.



We need a list of financial obligations and perhaps

a new budget for the remainder of the year, and prioritize them according to impor-tance, like food, lodg-

ing, and taxes.

We need to create a prioritized list for family and home which is the most important and most easily forgotten!

We need to rest, we need to spend time with family and friends over the sum-mer, and we need to use up vacation time

saved up this year.
We have nothing without our health! Make time for eating right and exercising, laughing and loving, and we will accom-plish so much more in our days, while being

happier doing it.

We need to prioritize our workload, including our goals and targets, our responsibilities at work, and the expec-tations set out by our bosses and co-work-

Bosses understand priorities and they will want to know the employees are also paying attention to what needs to be

done, urgently, or perhaps later in July or August when things might slow down, depending on the industry. It is healthier to look at the

whole picture in life and break down the priorities one list at a time, than to try to let everything float around in the brain non-stop, without clarity.

Sharlene Massie is the CEO of About Staffing Ltd., a dynamic personnel agency specializing in direct-hire and temporary placements. Questions for Sharlene? Visit the About Staffing website at www.aboutstaffing.com and click on the link under the Sun logo. This article may be reproduced or transmitted if done so in its entirety, including this copyright line: Copyright 2012, by About Staffing Ltd., all rights reserved.

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