

48 CAREERS

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Cherish and renew some of your old relationships

This Valentine's weekend, many of us are thinking about love and romance, flowers and chocolates.

Some of you might be in new relationships and getting all those warm, tingly feelings when around that special someone.

Many people get those same feelings, the butterflies in the stomach and sweaty palms, when they go for a job interview, start a new career, or go to the boss to resign.

It's interesting how our bodies react similarly to feelings of excitement and nervousness.

It would be wonderful to carry those positive tingly feelings around everyday through life, but that would be unreasonable.

Some people get addicted to these feelings that come from the newness of relationships and situations, so they are constantly switching things up.

I am not sure if these people understand or will experience all the positive feelings that come with consistency.

Certainly I do not believe in settling just for the sake of consistency, but having a long term life partner or a long term job does have its benefits.

Over the last couple of years, I'm sure many people found comfort in stable and consistent relationships when dealing with the uncertainty of the recession.

If we think about what feels right and good this Valentine's Day, I'm sure most of us would agree that it's the positive long term friend-



SHARLENE MASSIE
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ships, the co-workers that we trust, the bosses we care about as much as they care about us, and our life partner relationships that are loving and consistent.

With new relationships and the tingles that they bring, we think

about what that other person would really like and try hard to put our best foot forward.

With old relationships, we think we know what they like and we may slack a little on our appearance, but we are usually being true to our authentic selves.

So this Valentine's Day, we should appreciate the long term relationships we cherish; the people who love us for who we truly are and who have been

there for us through the good times and the bad.

The feelings of genuine long lasting love for our children, our friends, our spouses, and our co-workers are more fulfilling than the short term tingly ones.

Maybe this Valentine's Day you can try to inject some newness into an old relationship and find those tingly feelings all over again. Have a

happy Valentine's Day everyone.

Sharlene Massie is the CEO of About Staffing Ltd., a dynamic personnel agency specializing in direct-hire and temporary placements. Questions for Sharlene? Visit the About Staffing website at www.aboutstaffing.com, and click on the link under the Sun logo. This article may be reproduced or transmitted if done so in its entirety, including this copyright line: Copyright 2011, by About Staffing Ltd., all rights reserved.



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Transportation Advisor

Position Summary

The Transportation Advisor is responsible for the development of a transportation program that will ensure that Trinidad Well Servicing has met compliance with regulatory and industry requirements.

Specific Duties and Responsibilities

- Develop and maintain Transportation policies and procedures as they pertain to Trinidad Well Servicing, its employees and equipment.
- Ensure that Trinidad Well Servicing is compliant with the National Safety Code, Federal Motor Vehicle Transport Act, Federal Hours of Service, Provincial Traffic Safety Acts, and CAODC Guidelines.
- Review Application and Renewal of all Alberta Transportation permits.
- Review Registration and permitting of all mobile equipment.
- Identify and manage the Hours of Service systems to ensure compliance with legislation.
- Other duties as required.

Qualifications and Abilities

- An Alberta Class 1 driver's license (or equivalent) with an acceptable Driver's Abstract.
- Minimum five years' driving experience of Class 1 and/or 3 vehicles in an oil and gas related industry.
- Thorough understanding and experience with the National Safety Code, and federal and provincial transportation legislation. Familiarity with CAODC Service Rig Vehicle and Driver Standards Guide would be an asset.
- Minimum of three years' experience in a supervisory and/or management position within the transportation field.
- The ability to work both as a team member and independently and being able to handle multiple priorities in a fast-paced, geographically dispersed environment is critical.
- The ability to travel in accordance with the requirements of the position is also required.

Please send your resume to careers@trinidadadrilling.com or apply online at www.trinidadadrilling.com.

We thank you for your interest, but only candidates selected for an interview will be contacted. Trinidad Drilling Ltd. is an equal-opportunity employer and welcomes applications from all qualified candidates.

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